



Diário de atividades

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Dia __/__/__

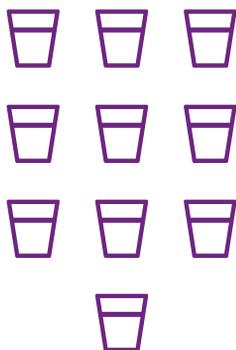
Tarefas importantes

<input type="checkbox"/>	_____

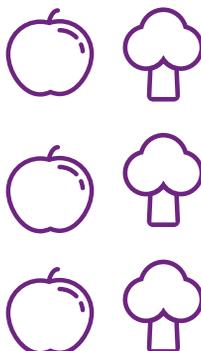
Metas de hoje

<input type="checkbox"/>	_____

Consumo de água



Consumo de frutas e verduras



Treino

